

SAFETY TRAINING REVIEW TEST

ANSWER KEY

Please circle the correct answer:

1.	True		Many accidents can be eliminated by paying attention and following safety guidelines.
2.	True		It is important to have an Emergency Action Plan in place before a disaster occurs.
3.		False	An Individual Provider's work-related injuries are reported to the employer's Case Manager.
4.	True		Three items that should be in your emergency kit are medications, flashlights, and a radio.
5.		False	It isn't necessary to write down emergency numbers if you have them memorized.
6.	True		Exercise, stretching, and conditioning are a major part of back safety.
7.		False	Twisting while lifting will help prevent injury to your back.
8.		False	It is not important for health care workers to do stretching and strengthening exercises.
9.		False	When lifting a client, have them put their hands on your neck so they have a better grip.
10.	True		Musculoskeletal Disorders include conditions such as low back pain, rotator cuff injuries, and Carpal Tunnel Syndrome.
11.	True		Assistive Devices are designed to increase your employer's independence and safety.
12.		False	A sprain is an injury to muscles and tendons.
13.	True		A provider's work shoes should provide adequate support to the feet and ankles and provide good traction.

14.	True		Personal Protective Equipment (PPE) includes equipment or clothing such as gloves, gowns, or masks designed to prevent injury or illness from a specific hazard in the workplace.
15.		False	You only need to wash your hands for 10 seconds.
16.	True		Your risk of exposure to blood-borne pathogens in the workplace is small if you use standard precautions any time you may be exposed to blood or body fluids.
17.		False	If you are really busy, you don't have to use standard precautions.
18.		False	AIDS is the most common blood borne disease in the United States.
19.		False	You don't have to wear your seat belt if you're driving a short distance.
20.		False	Don't tell anyone if you feel physically threatened at work unless someone gets hurt.
21.	True		A Hazard Assessment gives you the opportunity to help eliminate or reduce any hazards found in your employer's home.
22.		False	Never flush your eyes with water if you get chemicals in them.
23.	True		Breathing oxygen-rich air is a health hazard.
24.		False	When you have to climb, it's OK to use a stair as long as it's sturdy.
25.	True		In a fire, get the client and yourself out first and then call 911.

I have received a copy of the Safety Training for Individual Providers manual. I attest that I have reviewed the manual and have completed the self review/test. I understand the contents of this document and agree to follow the recommendations to the best of my ability.

Student Signature: _____ Date: _____